

## Beads of Courage Drawstring Bag

FSQG makes drawstring bags for the pediatric care department at CHOC.

Please use 100% cotton fabric, no flannel. The bags are for boys and girls, ages newborn to teens.

Please watch the YouTube video called: [Lined Draw String Bags for Beads of Courage by SewVeryEasy](#). It has some great tips on how to make a drawstring bag. Feel free use whatever method you like best.

1. Cut 2 pieces 9 1/2" x 12 1/2" for the outside of the bag.  
Cut 2 more 9 1/2" x 12 1/2" pieces for the inside lining of the bag.
2. For the nameplate back a piece of white fabric with a medium weight fusible Pellon or Heat and Bond. (Iron on) Cut the nameplate to 2" x 5".
3. Pin or iron on the nameplate to the outside front about 3" from the bottom, and 2" from the sides of the bag.
4. **Stitch the nameplate in place using a zig zag or applique stitch.**
5. Place both outside pieces RST and sew both sides seams using 1/4" seam allowance. If using directional fabric make sure the fabric is going the correct way. Iron side seams open.
6. Place both lining pieces RST and sew both side seams. Iron side seams open.
7. Turn the lining right side out and slip the lining into the outside bag (the rights sides of both should be together) Offset the seams to reduce the bulk (Do NOT match up the side seams of the outside and lining)
8. Stitch around the top edge of the bag using 1/4" seam making sure the side seams stay open and flat.
9. Turn the bag right side out, then pull the lining to the inside of the bag. The outside/front of the bag should be facing you. Iron the top edge flat.
10. Make sure the bottom of the bag (both the outside and the lining are even at the bottom. Trim if needed then iron the bag flat.
11. Stitch across and through all 4 layers of the bottom of the bag about 1/4 from the bottom, then trim the seam to 1/8".
12. Turn the bag wrong side out and stitch across the bottom of the bag 1/4 from the bottom (the 1/8 seam will be sandwiched between the layers. This is called a French Seam)
13. Turn the bag right side out and press again if needed. To make the channel for the cording to go through stitch around the top of the bag one inch down from the top of the bag and another 1 3/4" from the top backstitching across the 2 side seams of the bag.
14. Using a seam ripper carefully open the side seams in-between the channel.
15. Cut two 21" pieces of parachute cording (also called 550 cording – available at Hobby Lobby)
16. Using a safety pin or Bodkin Threader pull the cording through the right channel opening and pull the cording through **the front and the back side** of the bag. Then pull the second cord through the left channel opening pulling the cord through **the front and back** of the bag. Tie the ends of cording into a knot on both sides. Trim if needed. Using a lighter or candle "melt" the ends of the cording so they don't fray.

You can turn in the bag without the cording and the philanthropy person will put in the cording if you don't have any available.