



**Animal Pillows for PIH** – Presbyterian Intercommunity Hospital asked if our guild could make animal pillows for them. The pillows are given to children who are in the emergency ward. These 14”x20” pillows can be made any way you want, using any kind of fabric you want! I got ideas from doing an “animal pillow” search on Pinterest. You can make your pillow a dog, cat, bunny, bear, owl, racoon.... Be creative and have fun! Your pillow can be made of any fabric or combination of fabrics like cotton, flannel, minky, or fleece. (Do not iron minky or fleece – trust me!) All seams are ¼”.

The front of the pillow can be one piece 14”x20”, or two pieces 8”x14”(head) plus 12”x14”(body). The back of the one piece pillow has two 14”x14” pieces of fabric. For the two piece pillow – the back has an 8”x14” (the same fabric used for the front of the head) plus sew on a 6”x14” body fabric piece to it. Cut another 14”x14” body fabric piece for the back. On both back pieces turn the center edge over 1 inch and fold again 1 inch then topstitch. See diagram below.

I used Heat n Bond Lite on the back of my appliqued pieces (google search- how to use heat n bond or you can use your favorite double sided fusible product). Cut out all pillow pieces including the eyes, nose, muzzle etc. You could add a collar, heart, belly, pet tag, bowtie or anything you want. For the dog face I drew the mouth on the muzzle with an erasable Pilot FriXion pen, that way if I made a mistake I could iron it off and try again. You could also use a pencil or chalk pencil to draw the mouth. Then machine straight stitch the mouth on. For the cat I drew the whiskers and mouth directly on the 8x14” head fabric using the erasable pen then machine straight stitched it. Remove the heat n bond paper off the applique pieces and place pieces where you want them on the front of the pillow. Iron on in place. Then use a zig-zag or blanket stitch around all appliqued pieces. Use a medium weight interfacing in the cat and bear ears so they stand up straight. Baste the ears in place about ½ inch from the top corners. Place the back pieces on top of the front of the pillow right sides together. The back pieces will overlap in the middle about 4 inches. Sew around the perimeter of the pillow. Clip the corners, then turn inside out. Sew “Made by FSQG” tag on the back of the pillow. There are many videos online when you do a search on how to make an envelope pillow. (Pattern made by Jan Yarosko-if you have questions I am happy to help you. Call or text Jan at 714.309.8846)

Turn your pillow into Shelley Stowell, she will insert the pillow form and deliver to PIH.

This is an ongoing project and your help is appreciated!

Two piece pillow front -



Head 8x14  
(face)

Front body  
12x14  
  
(you can change the proportion size if you want)

Fold (iron) both back center edges over one inch then fold again one inch then topstitch

