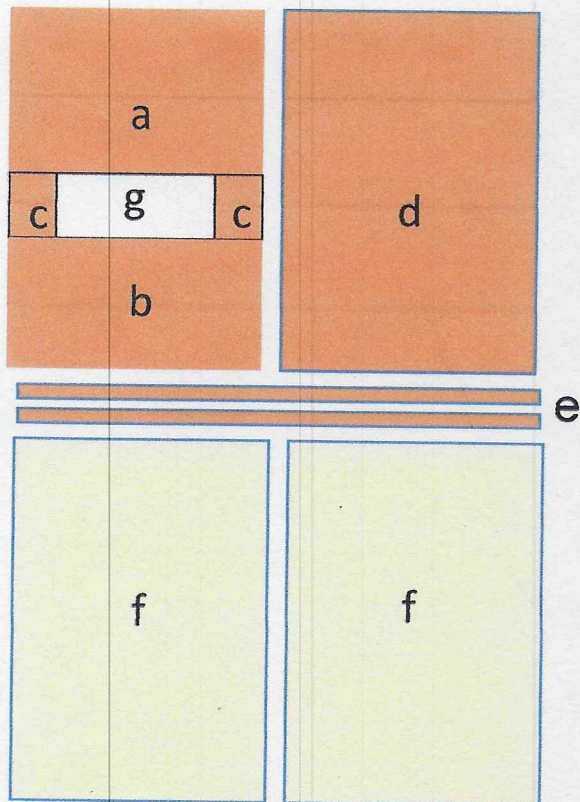


Beads of Courage Bag



These bags will be used to hold the beads the patient receives for each treatment

Fabric

- A - 1 Fat Quarter for Bag and Drawstrings
- B - 1 Fat Quarter for Lining
- C - 6" X 3" Muslin or Light Solid for Label

Cutting

Fabric A (width by length)

- 1 patch 9" X 6" (a)
- 1 patch 9" X 5" (b)
- 2 patches 2 ½" X 3" (c)
- 1 patch 9" X 12" (d)
- 2 patches 20" X 1 ½" (e)

Fabric B (width by length)

- 2 patches 9" x 12" (f)

Fabric C (width by length)

- 1 patch 6" X 3" (g)

Woven Fusible Interfacing

- 1 patch 6" x 3"

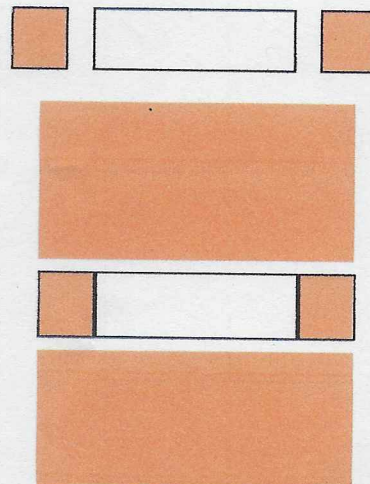
(All seams are ½" except the drawstrings which are ¼")

Assembly

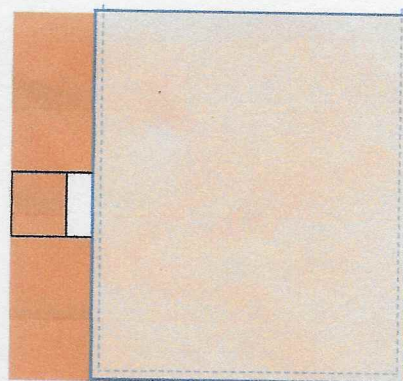
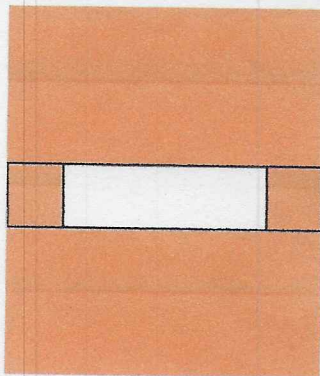
Bag Front

1. Iron the fusible side of the nonwoven fusible interfacing to the wrong side of patch (g).
2. Sew one patch (c) to each end of patch (g).
3. Sew patch (a) to the top of the patch created in step 1.

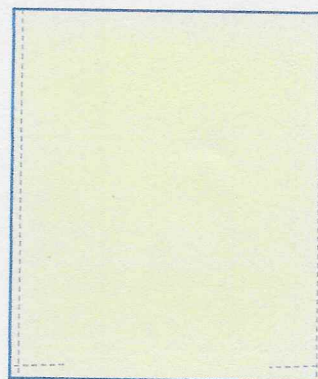
Sew patch (b) to the bottom of the patch created in step 1.



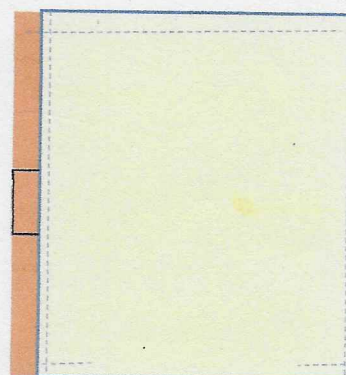
3. With right sides together, sew patch (d), bag back, to the bag front created in step 2 using a $\frac{1}{2}$ " seam. Sew down each side and across the bottom. Turn bag right side out.



4. With right sides together, sew patches (f) together. Sew down each side and across the bottom, leaving an opening in the bottom seam to allow the assembled bag/lining to be turned right side out. Use a $\frac{1}{2}$ " seams.



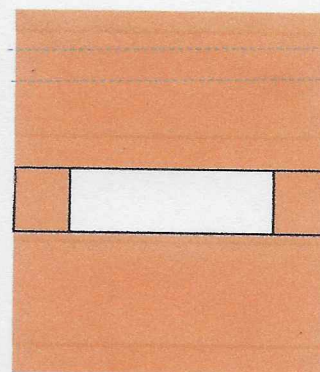
5. Slip bag into the assembled lining with right sides together. Sew the lining to the bag around the top, using a $\frac{1}{2}$ " seam. Press the seam toward the lining. It will be easier to sew, if the open arm on the sewing machine is used.



6. Turn the bag/lining right side out through the opening in the lining. Press the open seam allowances toward the wrong side of the lining and stitch closed with a narrow hem.

7. Tuck the lining into the bag and press the bag/lining smooth.

8. Create a channel for the drawstrings by sewing a seam 2" from the top and another $1\frac{1}{4}$ " from the top. Backstitch at each side seam. Using a seam ripper, open the bag side seams between the channel.



9. Using 1 patch (e), with right sides together, sew a $\frac{1}{4}$ " seam along the long edge. Leave the short ends open. Turn right side out by attaching a safety pin to one layer of the fabric and feed through the tube. Repeat for the other patch (e).

10. Using a safety pin, feed one drawstring through one of the openings. Feed the drawstring all the way around the channel and exit through the same opening. Overlap the drawstring ends and sew securely. Pull one side of the drawstring until the overlap feeds into the channel. Repeat the process with the other drawstring, but start on the other side of the bag.

